

MAY 1990

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# EASTWEST

THE JOURNAL OF NATURAL HEALTH & LIVING

## ELECTRO- MAGNETISM

How to Reduce the Risks

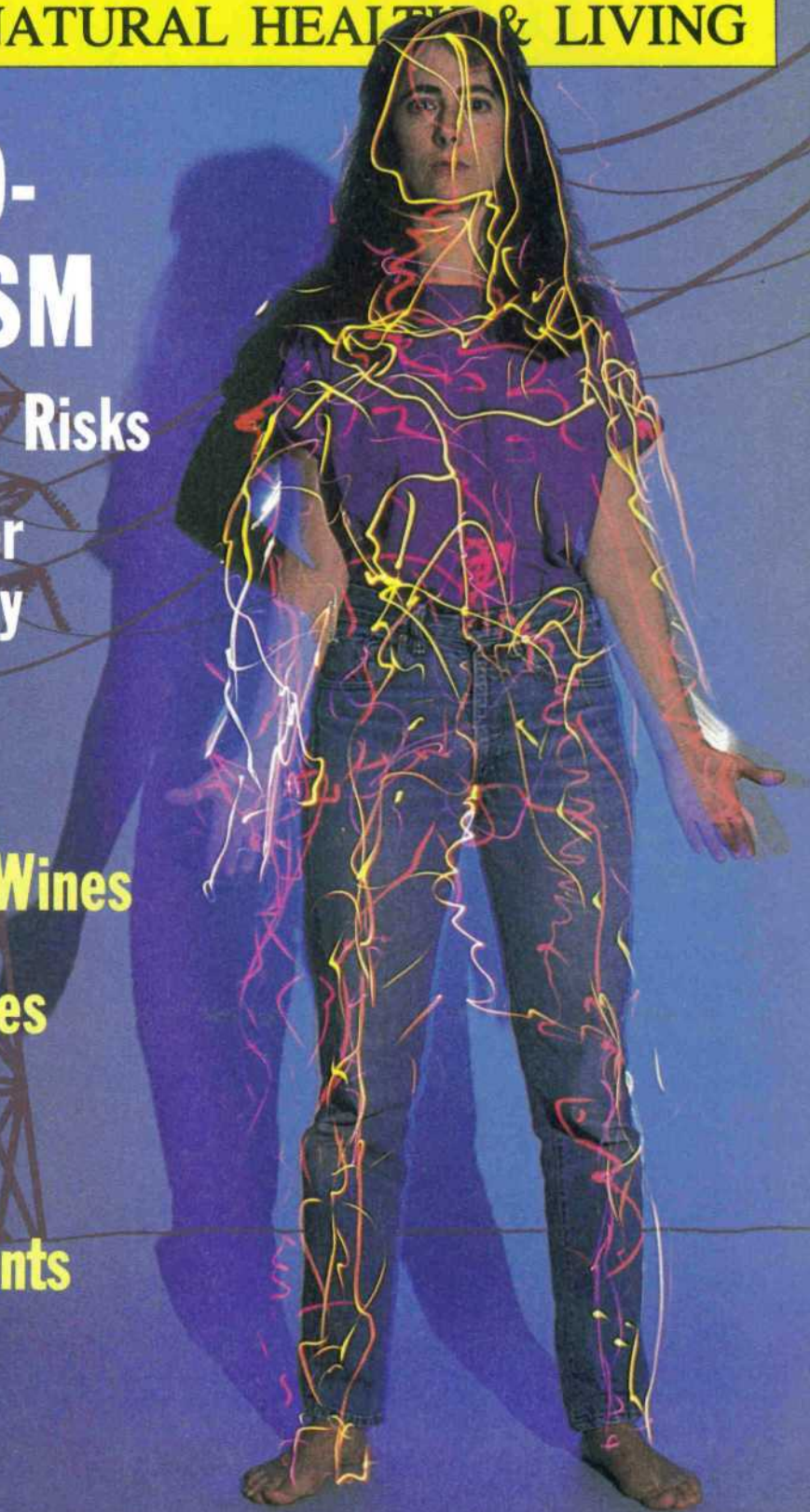
Healing Cancer  
with Electricity



The New Organic Wines

Ridding Wrinkles  
Naturally

East West's  
Calendar of Events





**Be Kind To Humankind Week: August 25-31;** *Lorraine Jana was fed up with the horrible things people do to each other, as reported every day in the news, so she created Be Kind to Humankind Week, and hoped that kindness really is contagious. For each day of this special week she has developed an affirmation, such as "Motorist Consideration Monday," and "Willing to*

*Lend a Hand Wednesday." She has also written to President Bush requesting that he proclaim the week officially, but until it is recognized nationally, Jana will continue to promote it herself. For Be Kind to Humankind Week 1990 she plans to hire a plane to fly over local beaches, pulling a banner reminding people to be kind to their fellow humans. She has also contacted local radio and television stations and hopes that they will help her to spread the word.*

*If you would like to promote Be Kind to Humankind Week in your area, contact Lorraine Jana, 2103 Dorothy Rd., Toms River, NJ 08753.*

**August 4-10**

WOMEN'S WISDOM WITH JEAN SHINODA BOLEN AND JAN LOVETT-KEEN; Feathered Pipe Ranch, Box 1682, Helena, MT 59624; (406) 442-8196. \$699 (includes R&B). Tap the intuitive source of wisdom and spirituality that is within us all.

**NEVADA**

**August 2-5**

HOT AUGUST NIGHTS; Reno, NV; (800) FOR-RENO. Week of entertainment, dance, contests, and parades dedicated to the 1950s.

**September 7-9**

GREAT RENO BALLOON RACES; Reno, NV; (800) FOR-RENO. Spectacular predawn hot air balloon show opens this annual race.

**NEW MEXICO**

**June 19-22**

CELEBRATING SOLSTICE: HEIGHT OF SUMMER FOR WOMEN WHO KEEP THE SEASONS; Rose Mountain, P.O. Box 355, Las Vegas, NM 87701; (505) 425-3144. Located in the Rocky Mountains bordering Santa Fe National Park. With Kate Kaufman and Willow Koretz.

**July 5-8**

NATURE AND JUDAISM; Rose Mountain, P.O. Box 355, Las Vegas, NM 87701; (505) 425-3144. Mend the broken link to our source through music, dance, prayer, and appreciation of nature.

**July 18-27**

COUNTY OF POINTED FIRS: ALLAGASH WILDERNESS WATERWAY; Women's Wilderness Canoe Trips, P.O. Box 9109, Santa Fe, NM 87504; (505) 984-2268. \$795 (includes R&B). Canoe trip in Maine for the novice and experienced paddler. Swim, hike and view wildlife as you travel through spectacular countryside.

**August 27-31**

CHINESE MASSAGE "TUEI-NA"; New Mexico Academy of Massage and Healing Arts, P.O. Box 932, Santa Fe, NM 87504; (505) 982-6271. \$350. Learn Chinese massage. Topics include circulation and meridian theory, needleless acupuncture, face reading and specific Chinese massage techniques for different parts of the body.

**September 29-October 5**

MEN WITH DAN JONES; Rose Mountain Retreat Center, P.O. Box 355, Las Vegas, NM 87701; (505) 425-3144. Discover the real man behind the patterns, and make him feel alive and happy.

**OKLAHOMA**

**April 22-29**

NATIONAL CELEBRATION OF THE OUTDOORS; Oklahoma Tourism, 500 Will Rogers Bldg., Oklahoma City, OK 73105-4492; (800) 653-6552. Enjoy a week of festivities at Oklahoma's State Parks.

**TEXAS**

**May 5**

CINCO DE MAYO; Traders Village, 2602 Mayfield Rd., Grand Prairie, TX 75051; (214) 476-7502. Celebrate Mexican/American culture.

**May 24-June 10**

KERRVILLE FOLK FESTIVAL; Kerrville, TX; (512) 257-3600. Singers and songwriters from all over the country come to take part in this event. Camp at the site of the festival in the heart of Texas hill country, where the music goes on until the sun comes up.

**UTAH**

**August 1-4**

THE FESTIVAL OF THE AMERICAN WEST; Utah Travel Council, Council Hall/Capitol Hill, Salt Lake City, UT 84114; (801) 750-1143. Craft demonstrations, American Folk Ballet, music, ceremonial and square dances, multimedia historical pageant, art & quilt show, food from original pioneers and native recipes.

**August 13-18**

WORLD FOLKFEST; Utah Travel Council, Council Hall Capitol Hill, Salt Lake City, UT 84114; (801) 489-5628. Dancers from all over the world perform in native costumes accompanied by music from their countries.

**September 6-8**

SOUTHERN UTAH FOLKLIFE FESTIVAL; Utah Travel Council, Zion N.P., UT; (801) 673-6523. Display of arts, crafts and cultural history of the Southern Utah Indians and early pioneers. Enjoy storytelling, herbal remedies, stilt walking, children's games, and pioneer vittles.



**PACIFIC**

**ALASKA**

**May 11-12**

2ND ANNUAL WILD FOODS FESTIVAL; Woolil Hollow State Park, Rt 1, Box 374, Greenbrier, AK 72201; (800) NATURAL. Noted authors and experts present slide shows, demonstrations and field trips on wildfoods.

**May 18-20**

LITTLE NORWAY FESTIVAL; Chamber of Commerce, Box 649, Petersburg, AK 99833; (907) 772-3646. A celebration of the region's Norwegian heritage, featuring ethnic food, dancing and pageantry.

**June 8-10**

NORTHERN STORYTELLING FESTIVAL; Alaska Tourism, P.O. Box E-501, Juneau, AK 99811-0800; (403) 668-4697. Featuring